

8 - 27 JUNE 2023 EX DELHI



A high, remote land - home of yogis and meditation.

Join this once in a lifetime inward journey of the heart.

Meet locals/experience culture.

ITINERARY

- 19 nights / 20 days
- Accommodation, meals, transport included in Manali, Lahoul, Zanskar and Tso Pema
- Guided by Himalayan Meditation Master Khandro Thrinlay Chodon
- Community events: Tara empowerment, cultural shows, meet locals, visit hermitages





