



Khandro Thrinlay Chodon

Public Talk and Weekend Seminar

Khandro Thrinlay Chodon comes from a family of great yogis and meditators of the Drukpa Kagyu Lineage of Buddhism. She received all the empowerments, transmissions and teachings of her lineage from the late Gegen Khyentse Rinpoche, and studied with many great teachers, including H.H. Dilgo Khyentse Rinpoche.

Compassionate and exuberant, Khandro is devoted to bringing the wisdom of her tradition into today's world.

Friday May 23rd, 7pm

Public Talk: The Feminine Principle

Turnbull House, 11 Bowen Street, Wellington

Cost \$15

Contact: Sue

tel: 04 232 2758

email: sue@rigdzintrust.org

Saturday May 24th, 2–5pm

Sunday May 25th, 1–4pm

Weekend Seminar—Guru Rinpoche's Seven Line Prayer

Turnbull House, 11 Bowen Street, Wellington

Cost \$25/day or \$55 for the whole weekend (including Friday's public talk)

Contact: Sue

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Teachings on Mipham Rinpoche's Seven Line Practice of Guru Padmasambhava according to Shakyasri's instructions. The overall significance of the Seven-Line Prayer is perhaps best appreciated in relation to a practice called guru-yoga, or "union with the nature of the guru." The cultivation of devotion to the guru and the blending of one's mind with his or her enlightened mind is, in the words of Dilgo Khyentse Rinpoche, "the most vital and necessary of all practices and is in itself the surest and fastest way to reach the goal of enlightenment."